

UPCOMING TRIP

Biltmore Estate & Asheville, NC Trip

2021

More information coming soon

PO Box 8629
Warner Robins, GA 31095
152 Maple Street
Warner Robins, GA 31093
Phone: 478-293-1066
Email: lmjones@wrga.gov

The Senior Activity Center is Non-Profit and is sponsored by the Warner Robins Parks and Recreation Department. All of our Programs and Activities are open to the public for anyone 50 years and up. There is no membership requirement.

Warner Robins Social Club: Meets 2nd & 4th Tuesday of the month
9:30am-11:15am @ The Wellston Center, 155 Maple St.
President: Rosa Doggett—478-918-6590
***At this time, Social Club is not meeting

Ted Wright Social Club: Meets 2nd & 4th Thursday of the month
9:00am-11:00am @ Ted Wright Park, 2841 Moody Road.
President: Bettye Marshall—478-733-8984
***At this time, Social Club is not meeting

LMNO (Ladies & Men's Night Out): At this time, we are not having it this month.

AARP Drivers Safety Course

All scheduled AARP Smart Driver Safety classroom courses are CY 2020 have been cancelled. The AARP Smart Driver Online course is an alternative especially for those who need to renew their car insurance discount. Log-on to website:

www.aarpdriversafety.org. Use Promo code: DRIVENGSKILLS for the 25% discount good through December 31, 2020. Additional information call Don Tate, 478-396-9705.



SEPTEMBER



Classes Provided

AEROBICS

At this time, this class has been temporarily postponed. It will return soon.



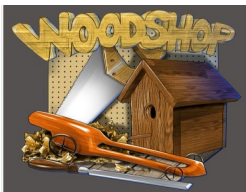
PRIME PAINTERS

Thursday from 1:30–4:00pm. Bring your own supplies.



WOOD WORKING

Monday, Tuesday, Wednesday & Friday- Open 9:00am–12:00Pm.



AARP DRIVER SAFETY COURSE

Has been cancelled for the remaining of 2020. Please see the information on the back for the online course.



CERAMICS

Tuesday and Friday from 10:30am till 4:00pm. Brushes and cleaning tools are available for purchase. Please call 293-1066 if you have any questions.



QUILTING

Wednesday at 10:00am–2:00pm. Bring your own scissors and thimble. Hand quilting done for the public. Quilts sold at the Senior Activity Center.



YOGA

Tuesday & Thursday 2pm-3pm. Cost \$5.00 per class. Gentle stretching, balance & breathing exercises to help with daily activities & lower blood pressure. Designed to improve posture and mood.



IKEBANA

Japanese Flower arranging is temporarily postponed. For additional information contact Maria Muniz 922-1847 or Dee Boren 987-0493.



LINE DANCING

Beginners meet Wednesday from 1:00–2:00pm, cost is \$2.00. Advanced class meets Wednesdays from 2:30–4:00pm, cost is \$3.00. Please contact Julia Juarez 918-5635 for additional information.



SELF DEFENSE

At this time, this class has been temporarily postponed. It will return soon.



ALL ABOUT YARN

Thursday from 10:00am–12:00pm. Bring your own yarn, needles and/or hooks, we've added crochet and knitting back on the schedule!



WATER AEROBICS

Monday, Tuesday, Thursday and Friday 9:00am–10:00am @ Fountain Park. Cost is \$25.00 per month. For additional information please contact Miranda Nelson 929-7254.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9AM Woodworking 10:00-4PM Ceramics 2PM Yoga	2 9AM Woodworking 10AM NARFE BD 10AM Quilting 1PM Line Dancing	3 10AM All About Yarn 9AM Woodworking 1:30PM Prime Painters 2PM Yoga	4 9AM Woodworking 10:00-4 PM Ceramics	5
6	7 CLOSED 	8 10:30-4PM Ceramics 2PM Yoga	9 8:30AM Walking 9AM Woodworking 10AM Quilting	10 10AM All About Yarn 1:30PM Prime Painters 2PM Yoga	11 9AM Woodworking 10:30-4 PM Ceramics	12
13	14 9AM Woodworking	15 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	16 8:30AM Walking 9AM Woodworking 10AM Quilting	17 10AM All About Yarn 1:30PM Prime Painters 2PM Yoga	18 9AM Woodworking 10:30-4 PM Ceramics	19
20	21 9:AM Woodworking	22 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	23 8:30AM Walking 9AM Woodworking 10AM Quilting 1PM Line Dancing	24 10AM All About Yarn 1:30PM Prime Painters 2PM Yoga	25 9AM Woodworking 10:30-4 PM Ceramics	26
27	28 9AM Woodworking	29 9AM Woodworking 10:30-4PM Ceramics 2PM Yoga	30 8:30am Walking 9AM Woodworking 10AM Quilting 1PM Line Dancing			

Location by Color

(Calendar on next page)

- SC - Senior Activity Center - 152 Maple Street
- TW - Ted Wright Park - 2841 Moody Road
- FP - Fountain Park - 614 Kimberly Road
- WC - Wellston Center - 155 Maple Street
- BT - Bus Trips